Division	Max # Innings
8 - 10	12
9 – 11	12
10 – 12	12

# of Innings Pitched	Days of Rest
< 7	0
7 or >	1

2026 Pitching Rules

- In **Minor/Major softball**, a pitcher who stays in the game and moves to another defensive position may return to pitch **only once in the same inning** she was removed. If she was substituted out, she generally may not re-enter as pitcher.
- 12-year-olds can play on a Minor team and can pitch but should not pitch more than 2 innings per game. All 12-year-olds must pitch from 40 feet and not 35 feet. The 8-foot radius circle will be drawn for the 35-foot distance. The District understands that when a 12-year-old pitches the Team Managers will have to move the rubber back and the circle will be off. The Umpire will do the best he/she can do to ensure the pitcher is staying within the 8-foot circle radius at 40 feet.

Date	Pitcher Name	League Age	Innings Thrown	Days of Rest Needed	Team Manager Initials	Opposing Team Manager Initials	Board Initial

Date	Pitcher Name	League Age	Innings Thrown	Days of Rest Needed	Team Manager Initials	Opposing Team Manager Initials	Board Initial